



December 2024

Dear Parents/Carers

As part of the Redwood provision, we have been exploring different options to enhance our offer in PE for the pupils who currently only access this in Redwood and for those who benefit from physical exercise as a way to regulate.

The regular visits to Applemore Gym have been very successful, so these will continue this year.

We have arranged fortnightly visits to the Gym at Applemore Leisure Centre on Thursday mornings from Thursday 23rd January 2025. We will leave school at 09:00 am with Redwood staff to walk to the leisure centre for the session, and we will then walk back to school for break time.

Due to the arranged session clashing with the main school lunchtime, pupils will be having lunch at the start of Lesson 4 in Redwood. Pupils can arrive at school in their PE kit/suitable clothing and then change into their uniform at Redwood after the visit.

We take seriously our responsibility for the safety and welfare of our students at all times. This raises particular issues when students are involved in an activity off-site. Before taking students away from the school site, we carry out a thorough risk assessment and take all necessary measures to minimise risks, including arranging appropriate levels of supervision by responsible adults. We expect that students involved in the activity will cooperate fully with the arrangements made and follow closely the instructions of the responsible adults throughout the activity. We therefore reserve the right to refuse a place on the trip to any student where there has been a behaviour concern previously.

If your child would like to attend, please log in to the Arbor app and provide your consent for your child to attend. If you are using a mobile phone to view the app, please turn your device to landscape and scroll to the bottom right of the page, select "Trips," and a new screen will show you the trip your child is being offered. Choose the trip and follow the details in order to provide consent. The closing date is **Monday 20th January 2025**.

If you have any queries about the above, please do not hesitate to contact me.

Yours sincerely,

Chris West

Lead of Redwood SEMH RP