



January 2025

Dear Parents/Carers

As part of the Redwood provision, we have been exploring different options to enhance our offer in PE for those who currently only access this in Redwood and for those who benefit from physical exercise as a way to regulate.

The regular visits to Applemore Gym have been very successful so these will continue this year.

We have arranged fortnightly visits to the Gym at Applemore Leisure Centre on Monday afternoons from Monday 13th January 2025 until we break up for the summer term.

We will leave school at 12:45pm with Redwood staff to walk to the leisure centre for the session; we will then walk back to school for the end of the day.

Due to the arranged session clashing with the main school lunchtime, pupils will have lunch at the start of lesson 4 in Redwood.

Pupils will change into their PE kit at Redwood, before they leave and will return home in their kit.

We take seriously our responsibility for the safety and welfare of our students at all times. This raises particular issues when students are involved in an activity off-site. Before taking students away from the school site, we carry out a thorough risk assessment and take all necessary measures to minimize risks including arranging appropriate levels of supervision by responsible adults. We expect that students involved in the activity will cooperate fully with the arrangements made and follow closely the instructions of the responsible adults throughout the activity. We therefore reserve the right to refuse a place on the trip to any students where there has been a behaviour concern previously.

If your child would like to attend, please log in to the Arbor app and provide your consent for your child to attend. If you are using a mobile phone to view the app, please turn your device to landscape and scroll to the bottom right of the page, select Trips and a new screen will show you the trip your child is being offered. Choose the trip and follow the details to provide consent. The closing date is **Friday 10th January at 4pm.**

If you have any queries, please do not hesitate to contact me.

Yours sincerely

Chris West
Lead of Redwood SEMH RP